Both health and performance improve when RH Logic 400 is used during computer work compared to other office chairs. This is demonstrated in a comprehensive research study conducted in Sweden by Chalmers University of Technology and Ergonomhuset in Gothenburg, together with Stockholm University.*

In total 48 full-time employed office computer workers in two companies in Gothenburg participated in the study. Over a five week period, they changed their existing premium-brand office chair to the RH Logic 400. Additionally 36 people participated as a control group using their existing office chair.

www.rhchairs.co.uk

**PERFORMANCE**

The RH chair affected the complete working situation positively:

**70%**

Improved working technique:

**75%**

**HEALTH**

Decreased physical strain in the neck and shoulders after a few weeks of work in the chair:

**50%**

Decreased load in the lower back:

**33%**

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*The results from the full research study can be found in:
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